



**JUNIOR LEAGUE OF
MEMPHIS**

Women building better communities

Contact:

Cara Sievers

901.219.0704

carabethe@gmail.com

FOR IMMEDIATE RELEASE

Junior League of Memphis Members Honored in Top 40 Under 40

Memphis, Tenn. – Oct. 10, 2014 Three Junior League of Memphis members are recipients of Memphis Business Journal's *Top 40 Under 40* award for 2014.

Lisa Abbay, Heather Hunt and Valentina Cochran were all selected as part of the 2014 class from more than 250 nominations.

"We are thrilled that three of our members were selected for Top 40 Under 40," said Carolyn Danley, president of the Junior League of Memphis. "As members of Junior League, we hope to 'Transform Memphis,' and these ladies are certainly doing that with their tireless efforts, both professionally and personally."

Abbay is currently the regional director of operations, Morrison Healthcare Food Services. She has held several positions within Junior League, including provisional advisor, provisional vice chair and provisional chair.

Cochran, a principal with Architecture, Inc., has served the Junior League as the graphic designer, a nominating committee member and a liaison for community projects. She also served as vice chair and chair for Merry Marketplace, the Junior League's largest fundraiser.

Hunt, the director at NEXUS Leaders, Inc., has been a committee member for the Innovative Teaching Grant and 5K for Kids, as well as serving as a Camp Good Grief volunteer.

About the Junior League of Memphis

The Junior League of Memphis is an organization of women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. As one of the largest volunteer groups in the Mid-South since 1922, the JLM is committed to improving the lives of women and children in the Memphis community. For more information, please visit www.jlmemphis.org.

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